

Back to School with GO MOM!®
Checklist 2009
By Molly Gold, Founder
GO MOM!® Inc

Check out our new twist on the list: general areas to focus on a week at a time. Each item will point you in the right direction... tackle them all or pick a few depending on your family and what your school requires. We've also thrown in our favorite Eco-Tips to help you stay centered on saving time and resources as you run through your daily to-dos. Good Luck!

4 Weeks Out: Behind the Scenes

- ✓ Clothes and Hair
- ✓ School Supplies
- ✓ Project Supply Box
- ✓ Summer Workbook
- ✓ Homework Station
- ✓ Medical Info Updates
- ✓ Sports Physicals

Eco Tip: Go Resale for brand conscious kids and stock up on earth friendly school supplies widely available in almost every product category this fall.

3 Weeks Out: What's in Your Planner?

- ✓ Your New Calendar
- ✓ Family Wall Calendar
- ✓ School Calendar
- ✓ Back to School Night
- ✓ Activities Calendars
- ✓ Partner's Calendar
- ✓ Kids Calendar if not offered at school

Eco Tip: Go Paperless for new information and skip printing emails with dates you need to remember. Instead, note them in your planner and then file the email in an electronic family calendar folder for future reference.

2 Weeks Out: Control Their Clutter

- ✓ Label Mania
- ✓ Communication Center
- ✓ Plan for Paper you Have to Keep
- ✓ Kids Bedrooms
- ✓ Entryway
- ✓ Garage

Eco Tip: Go Donation for anything in good condition your family no longer uses or needs. Have an end of the season garage sale and donate the proceeds or simply drop off all your treasures gone by.

1 Week Out: New Routines in Action

- ✓ Bedtime
- ✓ Morning Madness
- ✓ Lunch Ahead
- ✓ Dinner's in the Oven
- ✓ Off to School
- ✓ Last Day of Summer Celebrations

Eco Tip: Go Plastic Free investing in reusable lunch box supplies for every family member and if you must, buy multiple sets to make washing easier.